

COVID-19 Isolation Protocols

[COVID Resources for NJ Schools](#)

[Click here to view the Spanish Version COVID-19 Quarantining Protocols](#)

[Click here to view a flow chart explaining what to do if you or someone you know has covid.](#)

Presenting Issue	Return to School
COVID-19 Positive (Verification)	<p>All Students: 5-day isolation (Stay Home) and 24 hours fever-free and symptoms have improved</p> <ul style="list-style-type: none"> • <i>Eligible for virtual instruction.</i> <p>Staff: <u>Complete COVID-19 form</u> 5-day isolation (Stay Home), may return without symptoms or fever free for 24 hours without medication.</p>
Any <i>one</i> symptoms: Fever, Chills, Rigors (Shivers), Myalgia (Muscle Aches), Headache, Sore Throat, Nausea or Vomiting, Diarrhea, Fatigue, Congestion, or Runny Nose.	All individuals: 5-day isolation and 24 hours fever free and no symptoms. Free COVID test in the Health Office.
Any <i>one</i> symptom: Fever, Cough, Shortness of Breath, Difficulty Breathing, New loss of Smell, New loss of Taste	All individuals: 5-day isolation and 24 hours fever free and no symptoms. Free COVID test in the Health Office.
<p>Universal case investigation and contact tracing are no longer recommended for COVID-19</p> <p>Exposed or think you have been exposed for COVID-19 (Regardless of vaccination status)</p>	<ul style="list-style-type: none"> • Continue to attend school and activities. • Monitor for symptoms for 10 days after exposure. • Should test as soon as possible after exposure. • Should wear a well-fitting mask for 10 days after exposure.

Monitor [COVID-19 Community Levels](#)

[What to Do If You Were Exposed to COVID-19](#)

[Isolation and Exposure Calculator](#)

Potential Exposure: (within 6 feet of an infected person for a total of 15 minutes in a 24 hour period) with a person with confirmed or symptomatic of COVID-19, someone in your household is diagnosed with COVID-19.

Updated 08/2023